# Journal of Pharmaceutical Research and Innovation (JPRI)

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# Journal of Pharmaceutical Research and Innovation (JPRI)

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# Contents

Sr. No	Articles/ Authors Name	Pg No
01	Evaluation of Pharmaceutical Analysis & Quality Assurance in Medical Science - <i>Dibya Das</i>	1 - 9
02	Role of Precision Medicine in Disease Treatment and Prevention - Arpan Bera	10 - 19
03	Phytochemical Analysis and Antioxidant Activity of Juglans Regia L. - Aasif Manzoor Bhat, Rashida Qureshi, Mohd Yaseen, Mohd Altaf Khan	20 - 32
04	A Review on Potential Applications of Phage-Based Binding Affinity in Antibacterial Catheter Nanocoatings - Monisha Krishnan, Lakshmi Narasimman V	33 - 41
05	<ul> <li>"Method Development and Validation of Anti Diabetic and Antihypertensive Drugs by using- RP HPLC"</li> <li><i>Prashanta Kumar Sahu, Niraj Gupta</i></li> </ul>	42 - 44

# **Evaluation of Pharmaceutical Analysis & Quality Assurance in Medical Science**

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## <u>ABSTRACT</u>

Maintaining the quality of the products of medical science is one of the toughest things for the medical experts, as it relates to the human healthcare system therefore, each step needs to be taken very carefully. Through the years the medical experts have been developing their product for the wellbeing of the human health care system; it is the obligation of each medical expertise to keep this trust, essentially dependent on master fitness and over the top good norm. However, there are some side effects of each product that needs to be fixed by the medical expertise. The process of adopting pharmaceutical analysis and quality assurance in order to assess the progress of medical science has been briefly described in this report.

Keywords. Pharmaceutical Analysis, Quality Assurance, medical science, Human Health care.

#### Introduction

Pharmacy is one of the crucial components of medical science as it supports the clinical health science to connect with both the medical science and chemistry. In addition, it supports the medical science to innovating new products, usage of the disposal, proper usage of the chemical and drugs and controls the usage of drugs and medication. However, there are some products in medical science that create a negative impact on human healthcare. Thus, to prevent these issues, medical science is adopting the quality assurance and pharmaceutical analysis for assessing their product quality and impact of that on human health. Quality assurance is a term that supports an organization to identify and rectify the errors and defects in a manufactured product to prevent the issues while delivering the product to the final customer. In addition, the pharmaceutical analysis is determined to focus on analyzing the usage of drugs in the raw material and formulation of process of a product making. This research article will provide an overview of the impact of quality assurance and pharmaceutical analysis in medical science.

Aims and objective of doing this research article

- To maintain the quality of manufactured medicines.
- To prevent the side effects and other negative impacts of the medical science product.
- To spread awareness regarding the proper usage of medical science products.
- To provide a better product that will create a positive impact on human health care.

#### LITERATURE REVIEW

#### Concept of quality assurance

Quality assurance can be characterized as "a component of incredible oversight focused on giving self-

-guarantee that extraordinary prerequisites can be satisfied." The self-guarantee furnished with the asset of the utilization of value confirmation is twofold—inside to control and remotely to clients, government organizations, controllers, certifiers, and outsiders. An extrude definition is "every one of the arranged and orderly exercises completed in the extraordinary framework that can be analysed to offer confidence that help the product to fulfil prerequisites for quality. As per the word of [11], quality assurance supports an organization to meet the proper ISO level of a manufactured product. As a result it supports the organization to gain customer loyalty and enhance the brand value of the organization.



#### Figure 1. Quality assurance (Source: [11])

#### Impact of quality assurance in medical science

Maintaining the quality of the products of medical science is one of the toughest things for the medical experts, as it relates to the human healthcare system therefore, each step needs to be taken very carefully. Through the years the medical experts have been developing their product for the wellbeing of the human health care system; it is the obligation of each medical expertise to keep this trust, essentially dependent on master fitness and over the top good norm. However, there are some side effects of each product that needs to be fixed by the medical expertise. As per the word of [6], the adoption of quality assurance in medical science will support the medical experts to maintain the proper ISO level while manufacturing the product. On the other hand, proper inclusion of the quality assurance supports an organization to identify and rectify the errors and defects in a manufactured product to prevent the issues while delivering the product to the final customer. As a result, it will reduce the chances of errors in a

manufactured product to prevent the issues while delivering the product to the final customer. As a result, it will reduce the chances of errors in a product and prevent the unwanted difficulties that may create a negative impact on the product. As per the word of [9], the adoption of the quality assurance supports the medical experts to maintain the ISO 13485 and identify the expiry date of the product. As the safety and quality of the medical products are not negotiable therefore the adoption of the Quality assurance (ISO 13485) will support the medical expert to do the necessary step for maintaining the quality of their product. Therefore, through the findings it can be easily stated that the adoption of quality assurance will create a positive impact on medical science.

#### **Concept of Pharmaceutical Analysis**

Pharmaceutical analysis is a part of sensible science that includes a progression of a way for distinguishing proof, self-control, measurement and filtration of a substance, detachment of the segments of an answer or blend, or resolve of a type of synthetic compound. As per the word of [7], Pharmaceutical analysis in drug improvement particularly works in techniques to come to be aware of and evaluate cap potential new medication competitors, decide virtue. In addition, come to be conscious of the items and debasement items in similarity and dependability considerations, and to decide the medication substance's future within the creature.

Pharmaceutical Analysis and quality assurance is creating a positive impact on the evaluation of medical sciencePharmaceutical analysis is a term that supports the drug improvement by focusing on the methods that support the medical expertise to identify the errors and investigate the quantify potential of the candidates those are assuming the drug. In addition, it also supports the medical experts to maintain the product degradation, compatibility and substance of using the product. As per the words of [5], the improvement of the Pharmaceutical analysis enhances the transformation in human wellbeing. These drugs would perhaps serve their rationale easiest on the off chance that they might be free from pollution and are managed in a suitable sum. To make tablets serve their rationale different substance and instrumental methods were created at customary spans that can be included within side the assessment of tablets. These drugs may additionally build contaminations at different levels of their turn of events, transportation and capacity that makes the drug unsafe to be directed thus they need to be recognized and quantified. On the other hand, the appropriation of quality assurance in medical science will uphold the clinical specialists to keep up the legitimate ISO level while fabricating the item.

Therefore, through the findings it can be easily stated that the adoption of Quality assurance and Pharmaceutical analysis will create a positive impact on medical science.

#### Literature gap

This research article is mainly highlighted on the impact of Quality assurance and Pharmaceutical

analysis in medical science. In addition, the research study has also highlighted the usage of Quality assurance and Pharmaceutical analysis and the way it can create a positive impact on medical science. However, the previous researchers did not mention about the impacts of quality assurance and Pharmaceutical analysis, while preparing a subject related research study these viewpoints should have been mentioned by the previous researchers. The positive impact of Quality assurance and Pharmaceutical analysis in medical science has been briefly described in this research study.

#### METHODOLOGY



#### Figure 2. Research philosophy (Source: developed by [10])

Selecting the exact way of philosophy of the examinations assists the analyst with producing potential outcomes to catch and embrace the investigations gadget that assists the specialist with being extra concluded that supplements the precision and flawlessness of the research outcomes. The act of this research article has been helped through the selection of positivism philosophy, since it empowers the specialist to see and check the records or records in sync with the veritable understanding procured from the investigations roughly the article. As predictable with the expression of [10], positivism theory bears a specialist to see and avow the material and the approved trend of the hypothesis and belief systems of the experimental end-product of the examinations. In addition, this research article is based on the impact of quality assurance and pharmaceutical analysis in the medical science, therefore the adoption





In order to satisfy the examination goals, an explanatory design has been covered in this analysis instead of embracing exploratory or descriptive research design. As in accordance with the expression of [3], explanatory design lifts opportunities to lead research on a specific concern that has now not been concentrated notwithstanding or significantly less center has been given Accordingly, incorporation of this organization has permitted freedom to give a reason for the variables of Evaluation of Pharmaceutical Analysis and Quality Assurance in clinical science. Exploratory design embracing a casual and unstructured configuration to determine a theoretical examination inconvenience and clear organization portraying unmistakable marvels of exploration inconvenience have now not been considered in this inspect. If there should be an occurrence of supporting the examinations destinations, incorporation of deductive approach has been thought about here in inclination to that represent considerable authority in inductive thinking to expand new hypotheses principally dependent on the current forms and approaches. Utilization of deductive approach has been steady to use deductive thinking for evaluating the causal dating among the investigation factors [2]. In this research study, adoption of the deductive strategy empowered the chance to expand and investigate the examination hypothesis basically dependent on examination point. Here, it has added to complete discoveries by means of utilizing deductive rationale for explaining the impact of quality assurance and Pharmaceutical analysis for the evaluation of medical science. The examination article has been done through the reception of a secondary data collection method and thematic analysis since it bears the analyzer to procure data and measurements

opportunities for the scientist to gather insights and fundamental data from each main and auxiliary asset of measurements and the entirety of the data has been accumulated from peer journals, articles, and scholar from 2015 to 2021.

#### ANALYSIS

#### Secondary thematic analyses

# Evaluation of the medical science through the inclusion of Quality assurance and Pharmaceutical analysis.

The quality assurance in the medical science supports the production of a product while maintaining the sustainable quality and ISO 13485 in the product. As per the word of [4], quality assurance in a drug and chemist industry supports the philosophy and essential steps that need to be taken for analysing the risk in pharmacy products, as it supports the medical science to innovate new products for the human health care wellbeing. In addition, the quality assurance also supports the medical experts to analyse the risk and the errors that may create a negative impact on the human healthcare system. As it supports the medical science to take appropriate steps to prevent the negative outcome from a product, as a result it helps the medical science to gain the trust of the customer and enhance the number of loyal customers. On the other hand, Pharmaceutical analysis is a term that supports the drug improvement by focusing on the methods that support the medical expertise to identify the errors and investigate the quantify potential of the candidates those are assuming the drug. In addition, it also supports the medical experts to maintain the product degradation, compatibility, and substance of using the product. Therefore, through the findings it can be easily stated that the assurance and Pharmaceutical analysis is creating a positive impact on the evaluation of medical science.

The impact of quality assurance on preventing the side effects of medical science. The common side effects that can be caused due to the adoption of medical science products are fatigue, heart disease, illness, diarrhoea, and vomiting. As per the word of [4], the quality assurance in medical science helps the medical experts to investigate the side effects and the risks from a manufactured product, as it guides them to take the necessary steps to prevent the side effects from using the product. The safety and the quality of the product in the medical science industry cannot be negotiated therefore; the quality assurance rate of ISO 13485 has been developed for maintaining the quality and safety of using the products. As a result, it reduces the chances of side effects by assuming their product and gains the customer trust by providing safety while using the products. Therefore, through the findings it can be easily stated that the adoption of the quality assurance in medical science supports the medical experts to prevent the side effects of medical science products.

#### The impact of pharmaceutical analysis on maintaining the quality of medical science products.

Pharmaceutical analysis is utilizing the SPE is for the maximum component targeted within side the revelation and development measures. As the instance grids of finished objects and crude materials, like tablets, gels, salves, gadgets, and packing containers are notable, with reasonably excessive inspection fixation or mass, they're with the aid of using a big direct to interrupt down in like way solvents. Accordingly, SPE is with the aid of using and is now no longer wanted for exceptional affirmation examinations. As per the word of [1], in drug revelation, in any case, the examinations and lattices aren't commonly too known, and the investigation is probably at low focus, requiring highly excessive selectivity and making SPE a vast apparatus. As of late, to enhance selectivity farther than normal SPE sorbents permit, sub-atomic engraved polymers were incorporated and applied as highly unique constant tiers for SPE research of unmistakable compound training and for choral partitions. MIPs, for example, were applied with SPE in 96-nicely plate setup for the screening of a compound going via drug development. The excessive selectivity of the atomic engraved polymer (MIP) constant degree authorized highly sensitive warranty of look at stages a way below traditional SPE. In addition, the substance top notch and its specs are essentially founded absolutely on substance assessment, and that comprehension is subsequently utilized for top notch control for the term of full-scale creation. Item assessment involves taking care of the various definitions and starts off evolved after the IND has been endorsed. The results from such works of art cause specs that shape the reason for the top-notch control of the item. For every material and detail there's a developing diversion within side the production of method logical science. Therefore, through the findings it can be easily stated that the pharmaceutical analysis supports the medical science to maintain its quality of their manufactured product

#### **CONCLUSION AND RECOMMENDATION**

This research study mainly focuses on the process of using pharmaceutical analysis and quality assurance in medical assurance. In addition, it also sheds light on the impact of quality assurance and pharmaceutical analysis on the evaluation of medical science. As both the quality assurance and pharmaceutical analysis supports an organization to identify and rectify the errors and defects in a manufactured product to prevent the issues while delivering the product to the final customer. As a result, it will reduce the chances of errors in a product and prevent the unwanted difficulties that may create a negative impact on the product. The process of adopting pharmaceutical analysis and quality assurance in order to assess the progress of medical science has been briefly described in this report. In order to accomplish the research objectives, the medical science needs to adopt a few steps though the inclusion of quality assurance and pharmaceutical analysis. As it will reduce the negative impact and side effects of assuming the products that are made by medical science. As per the word of [8], the quality assurance supports the medical science to prove the proper ISO level of 13485 while manufacturing the

product, as it supports the medical science organization or any pharmacy to maintain the quality of the manufactured product. On the other hand, the adoption of the pharmaceutical analysis support in the drug improvement particularly works in techniques to come to be aware of and evaluate cap potential new medication competitors, decide virtue. In addition, come to be conscious of the items and debasement items in similarity and considerations, and to decide the medication substance's future within the creature. Therefore, it can be easily stated that the adoption of pharmaceutical analysis and quality assurance will support the evaluation of medical science.

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# Role of Precision Medicine in Disease Treatment and Prevention

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## ABSTRACT

Precision medicine is an effectual approach that basically supports any disease treatment and prevention as it takes individual heterogeneity in genes, climate and many more things. Through the adoption of precision medicinal drugs any sort of sickness remedy can without a doubt save you from those troubles in the right manner. Precision medicinal drug is a shape of affected person care that allows physicians to select medicines primarily based totally on a genetic know-how of the affected person's sickness. This medicinal drug is without a doubt capable of addressing those cutting-edge troubles surrounding the human frame through many fitness sicknesses because it helps remedy development in an ideal manner. Models of fitness coverage consist of estimates of the efficacy and fees of complicated fitness-care programmes, bearing in mind comparisons among policies.

Keywords disease treatment and prevention, Health Technology Assessment, Precision medicine,

#### INTRODUCTION

**Precision medicine** is an effectual approach that basically supports any disease treatment and prevention as it takes individual heterogeneity in genes, climate and many more things. This method simply allows the doctors and researchers to make more efficient and accurate predictions. In addition, disease treatment and prevention are a process that provides proper treatments for disease affected patients as it supports the treatment in a logical manner. Treatment usually starts just before or shortly after the first signs andsymptoms of the disease appear. There are many kinds of diseases present such as unintentional injuries, Alzheimer's disease, Diabetes and many more others. Many forms of troubles are supplied that essentially influence the human body also, it can be affected through right sickness remedies. According to [5], there are many effects such as sickness, pain, pressure, squeezing or a sensation of satiety within the centre of the chest that still lasts longer than some minutes. In addition, fitness and sicknesses additionally consist many different elements together as it includes heart-attack, intellectual fitness, obese and obesity, AIDS. As mentioned by [16], Bacteria species cause sicknesses together with strep throat, urinary tract infections, and tuberculosis.

On the other hand, through the adoption of precision medicinal drugs any sort of sickness remedy can without a doubt save you from those troubles in the right manner. As mentioned by [10], precision medicinal drugs are a shape that simply affects human body care that allows physicians to select

medicines primarily. This medicinal drug is without a doubt capable of addressing those cutting-edge troubles surrounding the human frame through many fitness sicknesses because it helps remedy development in an ideal manner. Moreover, Next-technology sequencing (NGS) research can quickly classify or "sequence" giant components of a person's genome and are enormous advances in precision medicinal drug medical applications [13].

#### Aim

In order to make proper understandings about treatments and the effectiveness of precision medicines will be the main aim of this report analysis. Proper justification of the historical background of precision medicine usage in disease treatment and prevention is one of the most important aims in this report analysis. Objectives• To understand the proper needs of health disease treatments in order to decrease risk factors• To understand the ways to prevent health disease by the adoption of precision medicine• To make proper understanding about several strong viewpoint and effectiveness of precision medicine on human body

#### LITERATURE REVIEWE

valuation of disease treatment and prevention Models of fitness are basically coverage of the efficacy and fees of complicated fitness-care programmes, bearing in mind comparisons among policies. As mentioned by [9], dealing with modelling research is only to observe the validity of screening, prevention, and remedy models. The numerator of an incidence rate is often characterized in prevention trials and epidemiological studies of disease treatments. Ho ever, the occurrence of a series of signs and symptoms, as well as objective measures and the reality of presentation to a health care facility for treatment. Moreover, different kinds of Medicine, surgery, and other therapies are basically used by medical researchers to help alleviate the symptoms and effects of a disease. The main cause of a disease determines how it is treated and these drugs are basically destroying bacteria from re-conduction on the other hand Antibiotics can be administered orally or intravenously.

#### Impacts of Precision Medicine on human body

Better use of Electronic Health Records (EHRs) in patient care, making medical data more accessible to physicians and researchers. According to [21], there are many kinds of side effects that are also included in this treatment such as skin problems, trouble breathing, allergic reactions and many more other things. However, Precision medicine's integration into routine clinical care is hampered by a lack of technology, insufficient expertise, and research gaps. If these challenges are reached in a proper manner, then this treatment will provide many types of benefits such as emphasis should change from reaction to prevention, predict disease susceptibility, improve the identification of disease and many more other

things [11]. Therefore, enhancing the matching mechanism between patients and medications, as well as awareness of the possibility of serious side effects, personalised medicine improves the health impact of current treatments. As mentioned by [3], precision medicine innovation offers significant benefits, but it will change the way certain health services are provided and assessed. There are many characterizations of Guidance's shelf such as structural uncertainty may rise.

#### Sustainable viewpoints of Precision Medicine in disease treatment and prevention

Precision medicinal drugs are a successful method that essentially helps any sickness remedy and prevention as it takes man or woman heterogeneity in genes. This approach really permits the docs and researchers to make greater green and correct predictions [14]. Moreover, sickness prevention is a technique that offers right remedies for sickness affection because it helps the treatment or prevention method in a logical manner. Treatment generally begins off evolving simply earlier than or rapidly after the primary symptoms and symptoms and signs of the sickness appear. There are many varieties of illnesses including unintended injuries, Alzheimer's sickness, Diabetes and lots of greater others. As mentioned by [6], the Diagnostics Guidance committee debated whether the technology should be classified as predictive as well as prognostic, as this had a bearing on the test's cost effectiveness.



Figure 1. Precision Medicine in disease treatment and prevention (Source: developed by [14])

Moreover, the prevalence of a chain of symptoms and signs, support for goal measures and the fact of presentation to a fitness care facility for treatment. If human bodiesareaffected by any kind of health disorder then, these scientific remedies will assist to manipulate it as it supports the prevention method. Medicine, medication, surgery, and different healing procedures are utilized by scientific practitioners to assist alleviate the signs and outcomes of an ailment [19]. There are numerous types of consequences and these are additionally covered in this treatment but it may include pores and skin problems, hassle breathing, allergies and plenty of extra different things. However, Precision medicine's integration into recurring medical care is hampered by means of a loss of technology, inadequate expertise, and study gaps.

#### Literature gap

This study basically tried to make proper justifications about the Role of Precision Medicine in disease treatment and prevention. These types of study simply need many important viewpoints to understand the current situations and, in this case, the previous researchers have not mentioned any important viewpoints. This study also highlights many sustainable viewpoints such as Impacts of Precision Medicine on human body, Evaluation of disease treatment and prevention as these points are very effective to understand the whole study in a logical manner. The previous researcher did not mention any kind of source of information so it will be very difficult work to ensure the highlighted information.

#### METHODOLOGY

In order to select the specific philosophy of the investigation's facilities, the researcher will simply generate many possible outcomes in order to capture the study. However, it also helps the researcher to be more concluded as it supports the enhanced rate of the research's results. There are a total of four types of research philosophy methodspresented such as positivism, pragmatism, realism [8]. philosophy simply supports the researcher to ensure important realistic outcomes that are emphasised from research study. In this research paper, the researcher has used the positivism philosophy as it supports in gaining an understanding about precision medicine and its impact in environmental lifestyle. Positivism is a proper method of analysing society that basically emphasises rational methods as well as the society's factual existence.



Figure 2. Research Philosophy (Source: influenced by [8]).

This study is basically done by explanatory design as it supports the researcher to gather informational data in a logical manner. As mentioned by [1], there are many types of designs presented such as Descriptive, Explanatory, Diagnostic, Correlational and Experimental research design. In order to reflect considerable authority in inductive reasoning is to broaden many new technologies such as high-tech forms and methods [2]. This study will simply adopt a deductive method as it supports the researcher to make proper justifications about the impacts of Precision medicine on human bodies. This research paper simply highlighted all data in an effective manner as it supports the researcher to gather data in a muchmore effective manner. In addition to this, due to adoption of secondary methods of data collection as it resolves all issues in a muchmore effective manner. On the other hand, it provides the researcher analyser tool to retrieve data and measurements about the sustainable viewpoints of Precision medicines on the human body. As mentioned by [17], there are many kinds of data collection methods presented such as interview, observation, analysis, and documentarian. This study will basically be done by thematic analysis as it will be very supportive for the next researcher to make proper understandings about the Role of Precision Medicine in disease treatment and prevention.

## DATAANALYSIS AND FINDINGS Precision Medicine's Concept



**Figure 3**. Precision Medicine's Concept (Source: developed by [5]) Definition of the different kinds of technologies and facilities that precision medicine includes was a preliminary consideration for this report. Each of the consulted experts, as well as ten papers from the study, offered a description for precision medicine, resulting in a broad range of interpretations. As mentioned by [5], Precision medicine is now synonymous with stratified medicine since it includes more than only pharmacokinetic and pharmacogenomics studies, according to most experts. It is also replacing the word personalised medicine, as it encompasses innovations that provide patients with special care pathways. For the purposes of this research, researchers interpret a method to be precision medicine if it can be used to stratify patients into a particular treatment route or therapy based on specific patient categories.

#### Environmental and physiological characteristics of Precision Medicine

Medical treatment Tools will usually provide important information by a disease risk, diagnosis, prognosis, or treatment response. Moreover, predictive studies such as those that recognise the human epidermal factor receptor (HER2) gene to assess care allocation for patients with breast cancer, offer an estimation of the expected disease response to therapies. As mentioned by [22], the Diagnostics Guidance committee debated whether the technology should be classified as predictive as well as prognostic, as this had a bearing on the test's cost effectiveness. Because of the rapid speed of progress in precision medicine, assessment bodies may be faced with a higher volume of evaluations. Expert interviews revealed a range of opinions on how to deal with the issue.



Figure 4. Physiological characteristics of Precision Medicine (Source: developed by [22])

#### Health Technology Assessment Issues

Precision drugs are a successful method that essentially helps any sickness remedy and prevention because it takes man or woman heterogeneity in genes, weather, and lots of greater things. As mentioned by [12], while interacting with certain precision medicine technologies and facilities are the one of the most important scope in Health Technology Assessment (HTA). However, the scope of the decision problem posed to HTA agencies and providing a proper and efficient guideline developer has become more difficult to describe in a logical manner.



Figure 5. Health Technology Assessment Issues (Source: developed by [12])

#### DISCUSSION

Precision medicinal drugs are a helpful technique that essentially supports any kind of sickness remedy and prevention because it takes character heterogeneity in genes, weather and plenty of greater things. This technique certainly lets in the docs and researchers to make greater green and correct predictions. However, sickness prevention is a technique that offers right remedies for sickness affected sufferers because it helps the remedy in a logical manner. The measures that direct diagnosis and treatment will simply determine the quality of precision care. Moreover, some nextgeneration sequencing (NGS) studies simply can justify many vast parts of a person's genome.

#### Recommendation

As per the effectual recommendation defines that, precision medicine can be a very beneficial adoption during the treatment of any health disease. Precision medication is a form of patient care that simply allows the doctors to choose medications based entirely on a genetic understanding of the patient's illness. Since it supports the proper creation of the human body, this medicinal substance is unique and capable of solving any cutting-edge issues that affect human bodies. Better use of Electronic Health Records (EHRs) in care makes medical data more accessible to physicians and researchers.

#### CONCLUSION

Precision medicine is an effective approach that basically supports any disease treatment as it takes individual heterogeneity in genes, climate and many more things. This method simply allows the doctors and researchers to make more efficient and accurate predictions. On the other hand, the numerator of an incidence rate is often characterized in prevention trials and epidemiological studies of disease treatments. However, the occurrence of a series of signs and symptoms, as well as objective measures and the reality of presentation to a health care facility for treatment

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# Phytochemical Analysis and Antioxidant Activity of Juglans Regia L.

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## <u>ABSTRACT</u>

Free radicals are the primary cause of the majority of degenerative diseases. The substances that collect free radicals are antioxidants. The main intent of current research was to make an inquiry into the phytochemical & in-vitro anti-oxidant profile of fruit husk of Juglans regiaextract. The technique used to put to the test the antioxidant abilities of extracts included the DPPH assay, superoxide radical scavenging, ferric thiocyanate (FTC], and hydroxyl radical scavenging assay. Preliminary phytochemical analysis was screened using standard methods. Phytochemical investigation found that it contains carbohydrates, alkaloids, terpenoids, tannins, flavonoids, glycosides and saponins. Methanolic extract of Juglans regia showed better antioxidant capability than ethyl acetate extract. According to the results of this study, Juglans regia fruit husks may be a reliable source of natural antioxidants.

Keywords Ethyl acetate extract, flavonoids, Juglans regia, Scavenging, terpenoids.

## INTRODUCTION

The Juglandaceae family comprise multiple genera, among them the most notable is Juglans. The Juglans regia is a premium tree that was extensively cultivated, because of its excellent fruits & timber. The nut is of considerable commercial relevance to food sector, and it is valued and treasured around the world for its beneficial nutritional, medicinal, and sensory properties [1]. This royal species, which grows up to 25–35 meters in the Kashmir region, is a product of the Himalaya's rich biodiversity.

Juglans regia has traditionally been used to manage wide range of medical issues, such as tumors, inflammation, type 2 diabetes, antiradicalar, hyperhidrosis, antidiarrhea, prostate, and heart disease [2] [3] [4]. On the other hand, researchers discovered that practically all components of the plant are beneficial in fighting various diseases as well as preserving food grains. Juglans regia nut extracts prevented oxidative damage, [5] [6] [7] [8] [9] tumour growth, inflammation, anti-wrinkle, and premature ageing. Nuts as a dietary meal, against some skin illnesses, hypoxia, diabetes, and inflammation [10] [11]; leaves as an antidiarrheal, anthelmintic, depurative [12] and pesticide and fungicide [12] [13] when mixed with stored grains. Astringent, depurative, digestive, anthelmintic, bactericide, laxative, diuretic, detergent, stimulant, and insecticidal [14] properties of stem bark. Juglans regia L. shell has

used to clean gun barrels, jewels, and metal stuff, as well as crude oil segregation & water [15]. Juglans regia L. contains cardiac glycosides, steroids, polyphenols, tannins, flavonoids, carbohydrates, dietary fibre, flavonols, fatty acids, plant sterols, minerals, melatonin, folate, protein, tocopherol, tannins, vitamin C, vitamin A, and vitamin E compound [16] [17]. Numerous investigations have shown that phenolic extracts have antibacterial activity, making them an excellent alternative to medications and food preservative agents. Juglans regia is a plant-based item that has an important effect on the food industry. It is appreciated for its nutritive value and sensory qualities and is frequently consumed as royal food throughout the world. Because of antibiotic resistance, there is a growing interest in employing natural antibacterial substances. There hasn't been any published research on the phytochemical analysis, anti-oxidant, or antibacterial properties of the fruit husk of Juglans regia from the Himalayan region, despite the fact that many parts of this plant have been researched for their biological qualities. The goal of this research is to inspect the phytochemical analyses and antioxidant activities of Juglans regia L. fruit husk and its potential application in food items.

#### MATERIALAND METHOD

#### **Reagents and Chemicals**

Petroleum ether and methanol were brought from Avantor Performance Materials (RANKEM) Pvt. Ltd., Gurgaon, India. All other chemicals, solvents, and reagents utilised were of the laboratory reagent calibre.

#### **Plant Material Collection**

The fruit husk of Juglans regia was collected from Shangus, Anantnag, Kashmir in the month of August-2021 and were identified at the Centre for Biodiversity, University of Kashmir and endorsed by Akther H. Malik (Jr. Scientist and curator) for future use. The voucher specimen has been maintained in the KASH Herbarium at the University of Kashmir under voucher specimen number 4312-KASH Herbarium, Centre for Biodiversity and Taxonomy.

#### Extraction

#### **Cold Maceration**

The essential specimens of plants were gathered, cleaned, and dried. Cold maceration was used to remove the plant material. Various organic solvents with different polarity, such as Pet. Ether, ethyl-acetate (EA) and methanol were used to extract dried plant powder and each was allowed for four to five days. The extract was cleaned of all non-extractable material. After removing excess moisture, the extract was transferred to a beaker and evaporated before being collected in an airtight vessel. All of the extracts' yields from extraction were calculated.

#### Phytochemical Screening

Introductory investigation tests for alkaloids, flavonoids, sterols, tannins, and other natural compounds were executed out as a result of those earlier reported methods in order to analyse the distinct classes of natural compounds in the methanol and ethyl acetate extracts [18].

#### In-vitro anti-oxidant activities

#### **DPPH radical scavenging activity**

The antioxidant ability of plant extracts was measured in vitro using the DPPH free radical scavenging test. A 0.1 mM concentration of DPPH in the methanol was first produced, 2 ml of the resulting solution was then mixed with various doses of 1 mg/ml methanolic raw extract. The resulting mixture were then infused and allowed to stand at room temperature for almost 30 minutes. Then, using a spectrophotometric determination of absorbance at 517 nm, the percentage of inhibition was determined using the below given equation;

% DPPH-free radical scavenging activity =  $([A0-A1]/A0) \times 100$ .

A0 and A1 denote the absorption rate of a control substance or a blank and the absorption of a plant extract or a positive control, respectively. The chart for the inhibitory level 50% (IC50) was then constructed by plotting the percentage of activity for scavenging against log concentration [19].

#### Super-oxide anion radical scavenging assay

The method developed by M. Nishikimi et al. was used to calculate the superoxide anion scavenging activity [20]. One millilitre of nitro-blue tetrazolium (NBT) (100  $\mu$ l of nitro-blue tetrazolium in 100 mM of phosphate buffer having pH 7.4), one millilitre of NADH (468  $\mu$ l in 100 mM of the phosphate buffer with pH 7.4), and various proportions of extracts (20, 40, 60, 80, and 100 g/ml) make up the resulting composition. The resulting mixture were incubated at 30°C for 15 min. Absorbance of the samples were recorded at 560 nm against blank samples in the spectrophotometer [20]. The following formula was used to determine the percentage of scavenging:

% Inhibition = [Absorbance of control-Absorbance of sample/Absorbance of control  $\times$  100]

#### Ferric thiocyanate (FTC) method

A mixture composition of 2 mL sample [or methanol (as blank) or butylated hydroxyanisole (as reference)], 2.05 mL of linoleic acid (2.51%) in ethanol (99.8%), 4 mL (0.05 mol/L phosphate buffer) having pH 7.0 and distilled water of 1.95 mL concentration was incubated in an Erlenmeyer flask in a rotary incubator having 150 r/min at 40 C) in the dark place. A test tube was filled with the 0.1 mL of the mixture used for the reaction to measure the antioxidant activity. It was then mixed with 9.7 mL concentration of ethanol (75%), 0.10 mL of 30% ammonium thiocyanate, and 0.02 mol/L of ferrous chloride in 3.5% hydrochloric acid. The reaction composition's absorbance had been determined at 532

three minutes after ferrous chloride was added. As an adverse control, this mixture was developed as well without linoleic acid [21]. Positive tests were shown by the vitamin E and BHA. The following equation was applied to calculate antioxidant activity.:

#### % inhibition = (Acontrol – Asample / Acontrol) × 100

Where Asample denotes the absorbing capacity of tested extract samples and Acontrol denotes absorbance of control sample media.

#### Hydroxyl radical scavenging activity

100  $\mu$ M of FeC13, 104  $\mu$ M EDTA, 1 mM H2O2, and 2.8 mM 2-deoxy-D-ribose were combined to the reaction composition together with extract at various concentrations (20-100  $\mu$ g) in a final reaction volume of 1 ml formulated with 20 mM potassium phosphate buffer having pH 7.4. The reaction mixture was then nurtured for one hour at 37oC. 2.8% of TCA and 0.5% of TBA in 0.025 M NaOH including 0.02% of BHA were added to the combination after it had been warmed in water bath at 95 oC for 15 min. The reaction combination was then centrifuged for 15 minutes at 5000 rpm after being cooled on ice. At 532 nm the absorbance of the supernatant was determined. By providing appropriate controls, all readings were adjusted for any interference from the antioxidant's or extracts brown colour. 100% deoxyribose oxidation was assumed to have occurred in the adverse control without any antioxidants or phytochemicals. The test sample's percentage of hydroxyl radical scavenging activity was determined in contrast to the adverse control. We used ascorbic acid as the positive control. [7].

% inhibition = (Acontrol – Asample / Acontrol) × 100

#### **RESULTS AND DISCUSSION**

#### Quantitative determination of the chemical constituency

#### Extraction yield

Table-1 demonstrates the crude sequential extracts' % yields (in petroleum ether, ethyl acetate, and methanol) of fruit husk of the Juglans regia (walnut). Methanolic extracts exhibited higher yield (4.33%) followed by ethyl acetate (0.253%) and pet ether. The lowest yield was found in ether extract (0.137%).

S. No	Solvent	Colour of extract	Theoretical Yield (gms)	Actual Yield (gms)	% Yield
1	Pet. ether	Brown	137.97	0.19	0.137
2	Ethyl acetate	Brown	133.55	0.35	0.253
3	Methanol	Brown	130.99	5.98	4.33

Preliminary qualitative phyto-chemical investigation The current investigation found that the extracts of Juglans regia contained carbohydrates, alkaloids, flavonoids, glycosides, phenols, saponins, tannins, terpenoids and proteins and amino acid. Methanolic extracts included more metabolites that were secondary than any other solvent extracts, whereas pet ether extract only included saponins.

Chemical Constituents	Pet. ether extract	Ethyl acetate extract	Methanol extract
Carbohydrates	-	-	+
Alkaloids	-	-	+
Terpenoids	-	+	+
Flavonoids	-	+	+
Tannins and Phenolic Compounds	-	+	+
Saponins	+	-	-
Protein and Amino acids	-	-	-
Glycosides	-	-	+

Table 2. Results of Qualitative Phytochemical Analysis

#### In-vitro anti-oxidant activity

#### **DPPH radical scavenging activity**

Quantitative anti-oxidant potential was gauged by DPPH-free radical scavenging assay where IC50 values of ethyl acetate (EA) & methanol crude extract of Juglans regia were found to be  $62.94\mu g/ml$  and  $52.98\mu g/ml$ , while the reference (ascorbic acid) revealed the value as  $25.82 \mu g/ml$ .





Figure 2. Represents the Percentage Inhibition Vs Concentration of Ethyl acetate extract of Juglans regia



Figure 3. Represents the Percentage Inhibition Vs Concentration of Methanolic extract of Juglans regia

#### Scavenging activity of superoxide anion

Among the most potent reactive oxygen species that have been generated is the superoxide anion radical.

The ethyl acetate & methanol extract of Juglans regia superoxide radical scavenging activity were  $70.37\mu$ g/ml and  $53.03\mu$ g/ml each. However the IC50 of standard ascorbic acid was $12.01\mu$ g/ml.



Figure 4. Superoxide radical scavenging activity of Std. Ascorbic acid



**Figure 5.** Represents the Percentage Inhibition Vs Concentration of Ethyl acetate extract of Juglans regia



Figure 6. Represents the Percentage Inhibition Vs Concentration of Methanolic extract of Juglans regia

#### Ferric thiocyanate (FTC) method

The ferric thiocyanate procedure was developed to evaluate lipid peroxide concentration, with the quantity of Fe2+ converted by lipid peroxides to Fe3+ as the end point measurement. At 500 nm, the Fe3+ -thiocyanate combination exhibits a vibrant red colour. Ammonium thiocyanate has an advantage over other colouring agents in that it binds iron selectively to Fe3+ ions only, and the Fe3+ thiocyanate complex creates a single exclusive absorbance peak at 500 nm. The FTC assay results (Figure 8 & 9) demonstrated that ethyl acetate and methanol extract of Juglans regia has the antioxidative ability for chain-breaking suppression of lipid peroxidation, with 65.87  $\mu$ g/ml and 44.26  $\mu$ g/ml inhibition when compared to standard ascorbic acid (16.85  $\mu$ g/ml).



Figure 7. Ferric thiocyanate (FTC) activity of Std. Ascorbic acid



**Figure 8.** Represents the Percentage Inhibition Vs Concentration of Ethyl acetate extract of Juglans regia





#### Hydroxyl radical scavenging activity

This test demonstrates that the extract and standard can impede the hydroxyl radical-mediated deoxyribose degeneracy in Fe3+ EDTA-ascorbic acid and H2O2 reaction combination. The results are

shown in Figure 11 & 12. In this test, the IC50 values for both the extract and standard were 67.34, 47.5 and 9.33  $\mu$ g/ml respectively. At 100 $\mu$ g/ml, the percentage inhibition values for ethyl acetate & methanol extract were 62.48 % and 66.03 % respectively.



Figure10. Hydroxyl-radical scavenging assay of Std. Ascorbic acid



**Figure 11.** Represents the Percentage Inhibition Vs Concentration of Ethyl acetate extract of Juglans regia



Figure 12. Represents the Percentage Inhibition Vs Concentration of Methanolic extract of Juglans regia

#### CONCLUSIONS

The results of several studies have shown that plants belonging to the Juglandaceae family contain alkaloids, flavonoids, and terpenoids. Walnut is a medicinal plant belonging to this family that has been used in traditional medicine for the treatment of a lot of diseases. Due to having monoterpenes, coumarin, flavonoids, tannins, saponins, alkaloids, and other components, it has many medicinal properties. This component has been suggested to reduce the risk of hypertension, diabetes mellitus, cancer, and microbial activity. The data reported in the previous studies confirmed that walnuts are a rich source of important nutrients that can be beneficial to human health as well.

The antioxidant potential and phytochemical screening inquiry of Juglans regia extracts were evaluated. Different methods of antioxidant activity were effectively applied to evaluate the assays of Juglans regia extracts. Fruit husk of Juglans regia plant showed a potential antioxidant activity and are capable of scavenging ROS. This study verified that Juglans regia fruit husk extract had antioxidant properties in vitro. The ability of this plant to cure oxidative stress-related human illnesses in vivo requires more study. Because of its multiple compounds and pharmacological properties, it is necessary to conduct further studies on other unknown useful properties of this plant; so that it could be used as a drug to treat human diseases. It is also recommended that more research and clinical trials to be conducted to identify molecules, information pathways, and related genes. A key issue that can be used in these studies is to evaluate the therapeutic effects of walnuts on diseases such as diabetes, hypertension, infectious, and liver diseases which should be investigated in clinical trials.

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# A Review on Potential Applications of Phage-Based Binding Affinity in Antibacterial Catheter Nanocoatings

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# <u>ABSTRACT</u>

Catheter use in debilitated patients often precedes a number of nosocomial infections by bacterial strains that show multidrug resistance or total drug resistance, particularly through biofilm formation. Common etiological agents include Staphylococcus aureus (MRSA), Pseudomonas aeruginosa, Escherichia coli, Salmonella spp., Klebsiella spp., Acinetobacter baumannii, and Burkholderia cepacia. As catheters provide exposure to typically sterile environments, fomites and aerosols are able to transfer severe infection to the affected patients, particularly due to their immunocompromised states. The catheters may be coated using a hydrogel layer containing immobilized bacteriophages, yet different approaches may be used, including stratification, serial activation of strata, liquid nanocoatings, diffusible membranes, multi-receptor bacteriophages, and the use of lytic and lysogenic phages should be distinguished. The multifaceted growth requirements of the bacteria additionally allow for factors such as pH and temperature to be utilized in the hydrogel layer through absorptive action once bacterial attachment to the layer occurs. Moreover, nanocoating is aimed at preventing the colonization of numerous bacterial cells, thus inhibiting quorum sensing ability of the bacteria and biofilm formation.

Keywords Affinity, antimicrobial resistance, bacteriophages, biosensors, microorganisms.

## INTRODUCTION

Antibiotic resistance is a growing trend in the biomedical field that is becoming more crucial as time continues. Although a number of new antibiotics are synthesized in the laboratory, the development of resistance to the compounds is growing rapidly as well. Antibiotic resistance often takes root at the genetic level, where exposure to microbicidal agents provide selective pressure that promotes mutations in bacterial cells, which undergo rapid multiplication. The onset of evolution is thus expedited over the generations of bacterial growth, where an organism such as Escherchia colihas a doubling time of 20 minutes. The most notable examples of multidrug resistant (MDR) bacteria of concern are Staphylococcus aureus (MRSA), Pseudomonas aeruginosa, Escherichia coli, Salmonella spp., Klebsiella spp., Acinetobacter baumannii, and Burkholderia cepacia [1].

Microorganisms are known to cause infections by two mechanisms, either encrustation or biofilm formation. Biofilm formation is a known mechanism by which organisms produce extracellular polysaccharides that facilitate adherence to the catheter and thus colonization occurs, where antimicrobial substances are reduced in diffusion ability. The biofilms increase resistance of the microorganisms by allowing them to grow slowly and making them hard to kill. Encrustations are especially observed in cases of urinary catheters, particularly in relation to urease-producing microorganisms, such as Proteus mirabilis. These opportunistic pathogens convert urea from urine to ammonia and organic compounds, producing them in the form of crystals which cause occlusion of the catheter. Both routes of pathogenesis are accelerated by lesions caused by frictional movement of the catheter within the mucosal tracts [2][3]. Patients most severely affected by such MDR strains are frequently immunocompromised and immunosuppressed individuals, especially those who receive inpatient treatment at hospitals and care homes. Nosocomial infections are hospital-acquired infections that are often caused by opportunistic pathogens, which are microorganisms normally living as commensals but become highly pathogenic when they gain entry to normally sterile parts of the human body. Routes of entry include post-surgical wounds, infected dressings, intravenous catheter use, and aerosol transmission from hospital personnel. The focus is now shifting to the development of nanocoatings on catheter surfaces that incorporate antimicrobial substances or particles such as viruses or enzymes. Bacteriophages are viruses that kill bacteria and are specific to their targets, allowing for the human cells to remain intact. Such phages can be employed to either kill the bacterial cells by infection or an apoptotic gene which causes cell death once inserted successfully [4][3].

#### **TYPES OF COATING MATERIALS**

Biomaterials may be specifically designed for coating peripheral IV catheters for use within the narrow parameters of the veins or urethra. Engineered hydrogels have been shown to reduce biofilm formation by nearly five-fold [5]. General types of coatings include:

#### **Metal Nanocoatings**

They are convenient, where a simple layer can be coated onto the surface of the catheter. They exhibit fair levels of antimicrobial activity based on their ionic activity and simultaneous oxidation and reduction reactions at the cell wall. However, the possibility of metal poisoning, such as in the case of copper coatings, deters their use, while iron based materials may affect the hemoglobin levels upon availability, as well as provide the content required for fungal iron sequestration, thus enhancing fungal growth and infection into deep tissue. Most importantly, the issue of chemical reactions between tissue or other biological fluids is a major risk. Silver coatings are looked at for efficacy and have been claimed to show no cytotoxicity in the host [6].

#### Hydrogel Nanocoatings

They can be made thin and are often suitable for biological uses. They also contain micropores for interchange of microorganisms and particles. Pores should be adjusted to ensure that the phages do not detach from the medium. The gel is hydrated, allowing for water particle pockets that allow for permeation to greater extents compared to other materials [7]. It allows for the movement of bacteria and

viruses at once; injectables can be produced easily due to the biodegradability and distribution properties of the alginate-based biomaterials. Examples are agar, agarose, alginate, etc.

#### **Diffusible Membranes**

They are also thin and can be made with uniform structure and pore distribution. Concentration gradients can be used to make such a structure functional, yet the advantage is that nanopores will not allow entrapment of bacteria from the biological fluids. Cellulose-based membranes may be used since they do have virus-retention properties.

#### Liquid Coatings with a Solid Interface

They allow for interaction with phage particles; attachment by specific binding or adsorption is taken care of while fluid components are able to be used for either pH or temperature regulation. It takes on a one-sided arrangement of thickness since hydrogel coatings are those with even distribution of air and water bubbles, unlike these, which resemble double layered beds [8].

#### **Liquid Coatings**

They are easily applied but may be easily worn off by the flow of biological fluids or absorbed into the body itself, making it short-lasting. The viscosity of the coating may differ, yet the exposure of the virus particles to the microenvironment fluids is a shortcoming.

#### PHAGES FOR ATTACHMENT: METHODS FOR BACTERIAL LYSIS



Figure 1. Schematic diagram of catheter with serial activation feature

Bacteriophages are specific to the bacteria they attack, thus being able to be used as either direct lysis agents or a way for bacterial attachment which pulls them in for the nanocoating to cause lysis through either direct toxicity or unfavorable conditions. The activation of the bacteriophage release can be induced using different factors which include.

## pН

The concentration of hydrogen ions comprises pH, a measure of alkalinity or acidity. The coating can be specialized in such a way that the material changes pH when bacteria are in contact or close proximity, perhaps releasing bacteriophages by partial dissolution of the coating. Formation of crusts and blocks in urinary catheters have been avoided by the use of bacteriophages which were released by pH activation [9].

#### Stratification

The breaking of the catheter into segments will allow for serial activation of the coating in different regions of the human body, where one region experiencing bacterial lysis due to contact can offset the

release of phages in the next segment.

Phages adhere to bacterial cells with specificity and cause lysis when the bacterium produces more phage particles. When lysis occurs, bacterial cells burst open, allowing for release of different factors, peptides, and enzymes that can thus activate the next segment of the coating by either changing the pH or other conditions of the coating to entrap or lyse the bacterium. The lysis of the bacteria in one part of the coating shall cause a change in that segment that can spread to adjacent segments as a diffused effect [3].

#### Temperature

The intrinsic properties of the nanocoating can be adjusted easily, particularly if a hydrogel coating, where components can be used to cause micro-heating or micro-cooling that destroys MDR strains located in that specific region of the body. The bacteria can be reacted with using minuscule electrical pulses or ultrasound that destroys the cells. A majority of these treatments will destroy the cell wall and denature proteins simultaneously. It has been observed that some bacteriophages were able to tolerate 70°C, allowing for temperature to be a supplementary factor [2].

#### **Inert Coating**

Bacteriophages can be made to project from the coating of the catheter and thus lyze the bacteria they come in contact with. Limiting factors include the number of phages. Either low numbers of phages can be used or replication-controlled viruses should be utilized in order to control their generation when infecting bacterial hosts and multiplying. The phages can also carry genes that are inserted into the bacterial genome and lyse the cells or cause major metabolic failure, as is applied in gene therapy [3].

#### **Redox Reactions**

Once bacteria are absorbed into the coating, they can be lysed by oxidation and reduction reactions, using substances such as pyocyanin which prevents the growth of bacteria besides P. aeruginosa due to its generation of reactive oxygen species which destroys the cells immediately. There are already existing catheters with redox coatings that are designed by aligning a series of electrodes with a sensing region, such as that credited to the University of Hull (US20100016699A1).

#### Enzymes

They can be incorporated into the coating to ensure lytic functions, such as cell wall lysis or destruction of the genetic material in the nucleoid, inhibiting bacterial replication. Examples are lysozyme analogues which are preferably bacterium-specific, including acylase and alpha-amylase. However, care should be taken not to allow enzymes that lyse the viruses that are incorporated as well [10].

#### Antibacterial Substances

Antibiotics have been incorporated by impregnation of the catheters for decades, yet development of resistance to rifampin and minocycline has been a constant concern. They show a decreased colonization rate around the catheter in ICU patients with leukemia, trauma, and other illnesses [8].

#### BIOSENSORS

There have already been bilayer models of catheter coatings in which the upper layer reacts with pHaltered urine to dissolve the polymer coating and react with the underlying layer which contains a dye. This mechanism leads to advanced warning of the catheter blockage by urine crystals, developed for Proteus mirabilis infections of the catheters [5].

Biosensors convert signals from biochemical reactions into information for analysis. In this case, nanosensors that detect ammonia crystals may be adequate to indicate early blockage by passing on the signal to an external monitor. If a segmented approach is used, one segment can be used to pass on the signal to adjacent segments, leading to activation of various mechanisms, including changes in pH or redox potential. Display of phages on a solid interface may also be an activation-based response of serial activation [9].

#### CHALLENGES AND POTENTIAL SOLUTIONS

The effective nature of phages for different medical purposes, such as phage therapy, depends partly on the proper incorporation of phages into the biomaterial since they are sensitive to surrounding conditions over time and reduced phage titre renders them less effective, requiring stimuli response systems for inducible release [11]. Catheter-associated urinary tract infections involving multiple antibiotic-resistant pathogens may require cocktails for effective response and preventing biofilm formation leading to sepsis. For this, a phage cocktail was prepared with a broad range of target pathogens and cell viability was measured as a measure of the effect [12]. A clear model was established for such pathogens through a phage cocktail prepared against biofilm-forming Proteus mirabilis and the pathogenic quorum sensing mechanism, effectively quenching surface colonization [13] and proving effective against more than one biofilm-forming species [14], as well as in cases of opportunistic infections or excessive growth of certain microorganisms [15].

Greater focus on modes of delivery and concentration of phages in vivo could be greatly beneficial to targeted organisms in the human body, particularly at different sites in the digestive system and at other organs [16]. Overall, metal-coated catheters have shown inconsistency in clinical trials and alternatives, such as bacterial interference, microbe responsive coatings, and combination therapies are being explored as newer options for reducing UTIs [17]. When biosafety is considered, the same biomaterials containing stabilized phages can be injected directly into a patient for therapeutic purposes, such as alginate hydrogel injectables which show good biodegradability properties and local distribution [18].

Based on synergistic effects of the phages and antibiotics toward biofilm-forming Klebsiella sp., bacteriophage-based therapies are one of the most feasible options to counter multi-drug resistance and provide a last resort to cases where antibiotics do not prove effective [19]. Catheters have also been coupled with biosensors for pathogenic infections in urinary tracts which could signal microbial invasion and colonization before they advance into septic conditions [20].

#### CONCLUSION

For the future prevention of MDR bacterial infections due to catheter use, the designing of new coatings is an ideal solution, granted that the ideal material is determined based on the biological conditions which the coating will make contact with. Replication-controlled phages or low numbers can also minimize the effect on the microbiota, unlike the non-specific effect that antibiotics show in the human microbiome.

#### **Conflicts of Interest**

There are no conflicts of interest.

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# "Method Development and Validation of Anti Diabetic and Antihypertensive Drugs by using- RP HPLC"

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## <u>ABSTRACT</u>

Writing research reveals that there is no thorough explanatory approach for the examination of selected pharmaceuticals Nebivolol and Hydrochlorothaizide, ALSK and Amlodipine, and ATNL and BCTM by synchronous estimation using Bio pertinent media in RP-HPLC using Bio pertinent media. HPLC, HPTLC and spectrophotometer are scientific methods that may be used to analyse mixtures either alone or in combination with other procedures. As a result, it was decided that a new logical strategy innovation was required for the simultaneous estimation of Nebivolol and Hydrochlorothaizide, ALSK and Amlodipine, ATNL and BCTM in pharmaceutical dosage frames and theirestimate in bioapplicable medium. RP-HPLC for synchronous examination of Nebivolol and Hydrochlorothaizide, ALSK and Amlodipine, and ATNL and BCTM is being developed to establish another fundamental, rapid and accurate, prolific and repeatable RP-HPLC technology. By adhering to ICH regulations, the method will be accepted.

Keywords Anti Diabetic, Antihypertensive Drugs, GLC, HPLC, HPTLC, Nebivolol and Hydrochlorothaizide. RP-HPLC.

#### INTRODUCTION

As of 2015, an estimated 415 million individuals in the globe have diabetes, with 90 percent of them suffering from type 2 diabetes. This represents 8.3% of the adult population, which is split evenly between men and women. Approximately 1.5 to 5.0 million individuals died from diabetes between 2012 and 2015. Diabetes more than doubles a person's mortality risk. 592 million people are estimated to have diabetes by the year 2035. Diabetic complications cost the world economy an estimated \$612 billion USD in 2014. In most 3 cases, diabetes mellitus is a long-term condition that has no known treatment. Blood sugar levels should be kept as near to normal as possible but not so low as to cause hypoglycemia.

Due to suffering from diabetes ,patient 99% peoples are suffering from hypertension diseases also.In order to treat their patients, doctors often prescribe a cocktail of two or more medications, depending on the severity and kind of ailment they are treating. likely to take their medication if it is combined into a single pill. Oral and injectable combination therapy for type 2 diabetes mellitus may make it easier for patients to adhere to their treatment regimens, which in turn may help them control their blood glucose levels and lessen their risk of cardiovascular complications. FDC single-pill formulations are becoming accessible for oral combination medicines, and they provide additional convenience and simplicity of

of administration. category in combined dosage forms are urgently needed. Identification, characterization, and quantification of pharmaceuticals in mixtures such as pharmaceutical formulations and biological fluids are all part of drug analysis. Heart disease and diabetes medications are being released at an alarming pace onto the market. A new medicine or a partial structural alteration of an existing drug might make up these new pharmaceuticals. Multiple therapeutic concerns necessitate the use of two or more medications at the same time. Due to its higher patient acceptance, strength, various actions, reduced side effects, and speed of relief, the mixed dose form has grown in relevance in recent years. One component of a drug's quantitative estimate does not interfere with the estimation of the other. Analyzing such formulations without separation is necessary. Spectrophotometry, GLC, HPTLC, and HPLC are among the regularly used instrumental methods for estimating multi-component formulations. A wide range of chemical characteristics may be measured using these techniques, including specific and nonspecific physical properties. For quantitative analysis of medicines in their combination dose forms, HPLC is the most often employed.

#### **OBJECTIVES**

1. To develop and validate RP-HPLC method for estimation of biological fluid.

2. To develop and validate simple spectrophotometric method and high-performance thin layer chromatography (HPTLC) method for estimation of combine dosage form.

3. To investigate degradation pathways of drug substances and drug products.

4. To differentiate degradation products of drug products from those of non-drug product in a formulation

#### **EXPECTED OUTCOME**

For the simultaneous estimation of several chosen cardiovascular and anti-diabetic medications in tablet dose form, the stability indicating RP-HPLC techniques were effectively designed and verified. Suggested approaches were determined to be easy to use and accurate in every way. To demonstrate the methodologies' stability indicating nature, degradation products created under stress circumstances are well isolated from analyte peak areas. For regular analysis at research institutes, quality control departments in businesses, authorized testing labs, bio-pharmaceutics and bioequivalence studies, clinical pharmacokinetic studies, and stability studies, the developed RP-HPLC procedures might be put to use. Stability indicating methods for assaying key medicines in bulk and pharmaceutical dosage forms and for determining impurities in bulk and pharmaceutical dosage forms will be described as part of the work provided in theses. Routine drug testing in laboratory quality control may benefit from the newly established analytical techniques.

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